

HeadStart Hull Services Contingency planning during Corona Virus Outbreak Version 3 May 2020

HeadStart Hull services are committed to supporting children and young people's emotional health during this time.

However with schools closed from 20/3/2020 (except to children and young people of key workers or identified as vulnerable children (e.g. have a health and social care plan or have a social worker or an early help worker) and some families/staff members having to self-isolate the following sets out the current provision based on the latest government guidance for social distancing.

HeadStart Hull Core Team

The HeadStart Hull core team are currently home working and providing support to organisations by email, online or by phone. If you are unsure who to contact please contact the HeadStart Hull inbox at headstarthull@hullcc.gov.uk. This inbox is monitored daily by admin staff who will pass on your query to the relevant member of staff. Please note this is for general queries. For specific support queries of individual children, young people and families please contact the relevant service who is currently supporting them (see details of service below).

Schools and Community organisations can contact their respective policy and practice officers.

Ian Lamb (Schools policy and practice officer) – ian.lamb@hullcc.gov.uk

Jill Brookes (Schools policy and practice officer) – jill.brookes@hullcc.gov.uk

Cat Jones (PSHE policy and practice officer) – Catherine.jones@hullcc.gov.uk

Catherine Pepper (community policy and practice officer) – Catherine.pepper@hullcc.gov.uk

Young volunteers (HeadStarters) are being supported by phone, online, email and text by the HeadStart Hull coproduction and engagement team

Clair Atherton is coordinating this – Clair.atherton@hullcc.gov.uk

Martin Clappison is maintaining relevant comms for children and young people, families and professionals. He is regularly updating sources of online support, guidance and self-care. These can be found at www.howareyoufeeling.org.uk

Please promote this website through your existing comms channels e.g. website, social media etc. so we can support young people's emotional wellbeing. If you have specific information you want him to share please email him at martin.clappison@hullcc.gov.uk

**To find out more about
HeadStart Hull, please visit:**

www.howareyoufeeling.org.uk

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Universal HeadStart Hull Services for Children and Young People aged 10-16

Play Rangers service

The current planned provision for activities in parks and other locations over the holidays is currently suspended with staff instead offering telephone support to those who need it as part of the wider VCS youth work response. They are also putting together activity packs for schools staying open over the holidays and for Childrens homes. For more information contact Hesse Road Network on 01482 60607 or via the contact form on their website www.hesslernetwork.org

Turn2Us drop in's in secondary schools

While schools are closed for business as usual they are still open to support vulnerable children and young people and those of keyworkers. Turn to Us Youth workers will attend each secondary school once a week to provide emotional health support to young people who are in school if the schools request it.

In addition although youth centres are closed if a young person who isn't in school does feel the need to speak to a youth worker they can be contacted on the following number as part of a wider HCC Youth work response:

Astra Youth Centre, 100 Barnstaple Road, Bransholme. HU7 4HQ
Tel: 07717 677749

Kingston Youth Centre/Ainthorpe, Beverley Road, Hull. HU3 1YE
Tel: 07887 503802

Andrew Marvell Youth Centre, Barham Road, Bilton Grange, Hull. HU9 4EE
Tel: 07789 723460

Route One Youth Centre, Hall Road Hull.
Tel: 07899 895362

This is for young people who may need one off support rather than an ongoing intervention.

Early Help Targeted HeadStart Hull Services for Children and Young People aged 10-16

All the following services are currently adapting provision to adhere to government guidance and to reflect available staffing levels which may change as things progress. Support will be offered to all existing service users. They will also be contacting those who have already been referred but not yet assessed to offer telephone contact and support or where appropriate to undertake telephone assessments to prioritize those most in need.

Referrals can still be made for the majority of services though some are now at capacity and have suspended referrals (please see service specific information below). **If you are considering making a referral we would ask that a phone discussion with the relevant project is had before referring so careful consideration be given as to if the referral is needed now** or if the young person/parent can manage without direct support.

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In the short term support is also available through accessing other forms of online support via www.howareyoufeeling.org.uk which includes local and national sources on online support. Young people/parents can also continue to self-refer to those projects accepting referrals

Young People's Peer Mentoring.

It is not currently possible for young peer mentors who are volunteers to continue to provide mentoring. However the workers on the project will be regularly contacting all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported. Where appropriate and at the request of the school workers may provide 121 support within the school for those young people who are attending. The project is still open for new referrals and will offer telephone/text support.

Cornerhouse (Yorkshire)

Email: peermentoring1@outlook.com

Phone: 07496 034229 or 07716 315875

Young Peoples community based group work (Smile)

Group work is currently suspended due to guidance on social distancing. However workers on the project will be regularly contacting all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported.

Hull City Council, Youth Development Service

Email: smile@hullcc.gov.uk

Phone: 01482 331238

Young Peoples School-based group work – Smash (East – Andrew Marvel, Archbishop Sentamu, Malet, Lambert, Hull College 14-16))

Group work is currently suspended due to guidance on social distancing. However workers on the project will be regularly contacting all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported. The service can also provide phone consultation to schools staff where appropriate. SMASH is now accepting new referrals to deliver 1:1 support to young people and families via skype and upstream.

Humber NHS (SMASH)

Email: emma.train-sullivan@nhs.net available 8.30am and 4.30pm.

Phone: 07891382829 - please note the new contact number

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Young Peoples School-based group work – Wrap (West and North – Trinity, Winifred Holtby, St Mary’s, Sirius North, Sirius West, Newland School for Girls, Kelvin Hall, Boulevard,)

Face to face group work is currently suspended due to guidance on social distancing. However workers on the project will be regularly contacting all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported. Where appropriate and at the request of the school workers may provide 121 support within the school for those young people who are attending.

Virtual Group work is being provided this term May to August 2020. Virtual and telephone 1-1 WRAP Programmes are also been provided for young people who request individual support during this period of uncertainty. Transition specific group work support will also be provided this term for young people transitioning to the above eight schools. Further discussions are welcome. Year 6 transition specific group work support will also be provided this term for children from feeder primary schools transitioning to the above eight secondary schools in the North and West of the City. Further discussions welcome. Checklists are welcome to the email below.

Workers on the project continue to support all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported. Where appropriate and at the request of the school workers may provide 121 support within the school for those young people who are attending schools.

Barnardo’s

Email: headstart.groupwork@barnardos.org.uk

Phone: 07889 603963 or 07925 892783.

Emotional Resilience Coaches

Although new referrals are currently suspended due to service capacity workers will be regularly contacting all young people who are currently in receipt of a service by telephone and text to ensure they are supported. They will also be contacting young people currently on their waiting list to offer phone support in the interim. Where appropriate and at the request of the school workers may provide 121 support within the school for those young people who are attending. The service can also provide phone consultation to schools staff where appropriate. The Emotional Resilience Coaches cannot accept any new referrals at this time.

Hull City Council, Youth Development Service

Email: emotionalresiliencecoaches@hullcc.gov.uk

Phone: 07899895384

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Counselling

Workers will be regularly contacting all young people who are currently in receipt of a service by telephone, text and email to ensure they are supported. They will provide telephone counselling and where possible online counselling via skype. Please note the counselling service will also continue to provide the same support for young people aged 17-19 as the service covers a wider age range than standard HSH services.

Hull & East Yorkshire MIND

Email: therapyservices@heyhound.org.uk

Phone: 01482 240200

HeadStart Hull Services for Parents of Children and Young People aged 10-16**Parents Peer Mentoring.**

It is not currently possible for parent peer mentors who are volunteers to continue to provide mentoring. However the workers on the project will be regularly contacting all parents who are currently in receipt of a service by telephone, text and email to ensure they are supported. The project is still open for new referrals and will be able to offer telephone support.

Child Dynamix

Email: liz.hammond@childdynamix.co.uk

Phone: 01482 799070 (closed at present. Please call the mobile number)

Mobile: 07519567794

Parenting group work

Group work is currently suspended due to guidance on social distancing. However workers on the project will be regularly contacting all parents who are currently in receipt of a service by telephone, text and email to ensure they are supported. We are still accepting referrals and undertaking online sessions prioritising families really struggling at home with emotional wellbeing or at high risk of family breakdown.

Hull City Council, Parenting Team

Email: parenting@hullcc.gov.uk

Phone: 01482 615523

Parenting group work for parents with children and young people with additional needs aged 5-16

Group work is currently suspended due to guidance on social distancing. However workers on the project will be regularly contacting all parents who are currently in receipt of a service by telephone, text and email to ensure they are supported. Practical information and emotional support during these difficult times to support parents in meeting and supporting their children's needs.

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KIDS

Key contact: Michelle Bartle Training for Parents Coordinator available Monday to Thursday: 08:00-17.00

Email: Michelle.Bartle@kids.org.uk and or main email enquiry mail box Enquiries.yorkshire@kids.org.uk

Tel: Michelle Bartle mobile 07702 810373 main number 01482 467540

This document will be reviewed and updated weekly or as new information/guidance emerges

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