



HULL'S TRAUMA INFORMED SCHOOLS CONFERENCE

MKM STADIUM,
JUNE 30TH AND JULY 1ST 2022

KEYNOTE SPEAKERS

DAY ONE



JAZ AMPAW-FARR

Jaz has a unique ability to help people and corporations reframe their stories and situations, bringing transformation in their work, life and communities. This is Jaz's alchemy.

Jaz is highly recognised for the impact she's had on the education and health sectors, galvanising and inspiring those around her. She has led national and international projects unlocking potential in leaders and teams and is now highly sought after by business leaders, corporations and governments wanting the same results.

It is fair to say that working with Jaz leaves a mark. She gives you the feeling you can do the impossible so that the next time you face adversity and challenge, you'll be ready. In her TEDx Talk she re-storied her life as a broken child, highlighting the transformative power we have to make a difference. Jaz's determination drove her from appalling abuse at the hands of her own parents to running away from foster care and life as a teen on the streets, to the resilience influencer she is today.

As a speaker, Jaz has a disarming ability to captivate her audience and share her story with humour and humility and without anger or bitterness. She invites people into a more authentic narrative around choice and agency, leaving individuals and organisations reporting an increase in determination and productivity.

Jaz's ability to reframe means she sees the world in a unique way, which challenges and ignites those around her, lifting them out of what she calls 'mindset poverty' into previously unachievable outcomes.





LISA CHERRY

Lisa Cherry is an author, researcher and leading international trainer and consultant, specialising in assisting schools, services and systems to create change that supports working with the legacy of trauma. Lisa has been working in Education and Children's Services for over 30 years and combines academic knowledge and research with professional skills and personal experience.

Lisa's MA research looked at the impact on education and employment for care experienced adults who experienced school exclusion as children in the 1970's and 1980's. Currently, Lisa is undertaking her DPhil studies at The University of Oxford in the Department of Education, asking the research question "How do care-experienced adults who have been excluded from school understand those experiences? How do their experiences deepen understandings of belonging?"

Lisa is the author of the hugely successful book 'Conversations that make a difference for Children and Young People' and 'The Brightness of Stars' 3rd Edition out in June 2022.





MARK FINNIS

Mark Finnis is the founder and director of L30 Relational Systems and has more than twenty years' experience of working with schools, organisations large and small, both nationally and internationally. Mark has been involved in the national development of restorative practices since the late 1990s.

Mark is the author of *Independent Thinking On Restorative Practice: Building relationships, improving behaviours and creating stronger communities*, which is a number 1 best seller on Amazon. In 2019 he received the Chris Donovan Trust's Restorative Practice Champion award in recognition of his work nationally.

Mark has advised on national policy and practice development since 2005 and was part of a small group who rewrote the national best practice guidance for restorative practitioners in 2012.



KEYNOTE SPEAKERS

DAY TWO



DR. MARGOT SUNDERLAND

Dr Margot Sunderland is Director of Education and Training at The Centre for Child Mental Health London, CEO of The Higher Education Psychotherapy training college, The Institute for Arts in Therapy and Education (academic partner of University of East London), Honorary Visiting Fellow at London Metropolitan University, Senior Associate Member of the Royal College of Medicine, and Co-Director of Trauma Informed Schools UK . Dr Sunderland is also Child Psychotherapist with over thirty years experience of working with children and families.

She is also the author of over twenty books in the field of child mental health, which collectively have been translated into eighteen languages and published in twenty-four countries. Her internationally acclaimed book, “The Science of Parenting” (Dorling Kindersley) www.dorlingkindersley.co.uk, won First Prize in the British Medical Association Medical Book awards 2007 Popular Medicine section. (Paperback version entitled “What Every Parent Needs to Know”). The book, endorsed by one of the world’s leading affective neuroscientists, Professor Jaak Panksepp, is the result of ten years research on the long-term effects of adult-child interaction on the developing brain. Dr Sunderland has two doctorates, one in child psychotherapy, thesis entitled “The Application of Art and Science to the Psychological Treatment of Children

Dr Sunderland was a member of the Early Years Commission, Centre for Social Justice, Westminster and co- author of the cross party advisory report “The Next Generation” (early years intervention). She is also founder of the “Helping Where it Hurts’ programme which offers free arts therapy to troubled children in Islington Primary schools. She directed the Gulbenkian funded research study, which in liaison with University of Cambridge School of Education, measured outcomes for this intervention. Dr Sunderland makes TV and radio appearances as a child and parenting expert. Overall, she is concerned to ensure that parents, teachers and mental health professionals alike, are offered the most up to date psychological and brain science research on how children and young people can be enabled to thrive. She is passionate about social change for a kinder, warmer world.





DAVE WHITAKER

Dave is Director of Learning for the Wellspring Academy Trust. As a former Executive Principal of SEMH Special and Alternative Provision academies, he now works regionally supporting 28 schools across Yorkshire and Lincolnshire.

Dave is a National Leader of Education and leads Positive Regard - the trust's behaviour training and outreach team. Positive Regard work nationally supporting schools with behaviour training, drawing on years of experience working with the most complex and vulnerable of children. Based on an ethos of 'unconditional positive regard,' Dave believes schools should use relational practice to make them safe and caring places to learn.

Dave has recently been a member of the DFE's Timpson Exclusions Review expert reference group, he is a founder member of the HeadTeachers' Roundtable think tank and is a trustee of The Difference. He is a regular speaker at conferences and an active campaigner for educational change. His new book, *The Kindness Principle* is published by Independent Thinking Press.



THE PROGRAMME

JUNE 30TH

June 30th

9.15 – 9.30 – Hull's Young Mayor

9.30 – 10.15 – Mark Finnis, Building a Relational Culture by Design & not Default

10-15 – 11.15 - Lisa Cherry, The Case for Change

11.15 – 11.30 - Break

11.30 – 12.45 – Jaz Ampaw-farr, Everyday Heroes

12.45 – 13.45 – Lunch, Marketplace and Music

13.45 – 14.30 Workshop 1

Culture Clinic, Jacob Lawton ('Positive Regard')

'Implementing trauma informed practice at Hall Road to support all children' – Kerry Brown

How to Hold a Helpful Conversation – An EP perspective on Consultation' – Lisa Stanley and Nik Mulqueen

'Loosening the grip – a therapeutic response for children in crisis' A systemic trauma informed process to reduce the use of physical intervention in schools - Jason Girling and Philip Mountain Wade

14.45 – 15.30 Workshop 2

Emotionally Based School Avoidance – Dr Ellie Gray

Under the Surface: understanding and supporting children with experience of trauma. – Martha Close

De-escalation and emotional regulation strategies, Jake Thompson, Venn Academy

Risk to Resilience – Hull Virtual School

Meeting educational need in a mental health ward - Hannah gammon and Gerald fox



THE PROGRAMME

JULY 1ST

July 1st

9.15 – 9.30 - Welcome

9.30 – 10.30 – Dave Whitaker, How do we use kindness as a principle to develop relational practice and culture in schools?

10.30 – 10.45 - Break

10.45 – 12.45 – Dr Margot Sunderland, Psychologically informed practice in schools to support mental & physical health long term

12.45 - 13.45 – Lunch, Marketplace and Music

13.45 – 14.30 Workshop 3

Understanding the Hull Thrive offer – Claire Farrow and Mike Foers
claire.farrow@hullcc.gov.uk

PACE Yourself: embodying trauma informed practice in school -
Dr Morgan Vallily

Animal assisted learning & therapeutic sessions -
Goxhill Meadows - Jayne Haigh

The Power of Positive Relationships in Developing
Trauma Informed Practice at St George's – Headteacher, Louise Oddy

14.45 – 15.30 Workshop 4

'Emotion Coaching – a whole school relational approach' -
Dr Lynnette Foster and Sara-Louise Hashem

The human inside the teacher - LJ Ducksbury

Neurodiversity & Relational Practice – Catrina Lowri (appearing virtually)

Addressing trauma in schools: a person you can talk to – Susie Steel

Creative Mindfulness in the Early Years – Alison Scott



MARKETPLACE PROVIDERS

Artlink Hull

Connect Specialist Therapy Services

Hull CC Connexions Service

Hull City Healthy Lifestyles Team

Hull Early Help Children's Centres

Hull Parent Carer Forum

Humber Teaching NHS Foundation Trust

Hull Virtual School

Kids

The Flipside Project (The Warren & Cornerhouse)

YOUNG MUSICIANS

Maybury Primary School Choir

